



# CAÑAWA

## SWEET SNACKS OF CAÑAWA PITO (FOR 5 PORTIONS)

### INGREDIENTS

- 2 ½ cups cañawa pito (toasted cañawa flour)
- ½ cup sugar
- 5 bananas
- ¾ cup milk
- 1 pinch of salt

#### **Kitchen utensils**

- 1 flat plate
- 1 fork
- 1 deep bowl
- 1 wooden spatula

### PREPARATION

- ✓ Peel and smash the bananas on the plate with the fork.
- ✓ Place the cañawa pito into the bowl; add the sugar, milk and the smashed bananas.
- ✓ Combine well, the mixture shall be neither too hard nor too liquid.
- ✓ Shape the snacks with the hand, and sprinkle them with sugar.
- ✓ Gently place into a bowl for sweets and serve.

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