



QUINOA FLOUR

QUINOA BULBS

INGREDIENTS

- 1 cup quinoa flour
- ¼ cup manioc flour
- 1 ¼ cup white flour
- 2 cups water
- 2 tablespoons butter
- 1 coffee spoon baking powder
- 4 eggs
- 1 pinch of salt

PREPARATION

- ✓ Sift the white, manioc and quinoa flours combined with baking powder
- ✓ Bring the water with butter to the boil, and gradually add the flour mixture. Stir until getting little bubbles
- ✓ Add eggs one at a time, beating well after each addition and until cool
- ✓ Fill in prepared tins with a coffee spoon and shaping light bulbs. Bake at an average baking temperature. Allow to sit and then fill in with milk candy. Gently pierce the top with the tip of a knife.

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